



Aberdeenshire Primary School Menus—From April 2023

Week 1 – 17th April, 8th May, 29th May, 19th June, 21st Aug, 11th Sept, 2nd Oct 2023



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|---|---|
| Carrot Soup V | Lentil Soup V | Melon Wedge | Chicken Noodle Soup | Tomato Soup V |
| Main Course | Main Course | Main Course | Main Course | Main Course |
| Breaded Haddock Garden Peas Sweetcorn Chips | Our Butchers Pork Sausages in Gravy served in a Yorkshire Pudding Sliced Carrots Broccoli Florets Mashed Potatoes | Macaroni Cheese V Garden Peas Sliced Beetroot Potato Wedges | Homemade Margherita Pizza V Side Salad Vegetable Sticks Penne Pasta | Spaghetti Bolognese Side Salad Sweetcorn Garlic Bread |
| Penne Pasta & Tomato Sauce V Garden Peas Sweetcorn | Baked Potato topped with Baked Beans V Side salad Grated Carrots | Chicken Goujons served with Tomato Ketchup Garden Peas Sliced Beetroot Potato Wedges | Pulled Pork in a Bun Side Salad Vegetable Sticks | Cheddar Cheese Panini V served with Side Salad & Sweetcorn |
| Soup & Sandwich Platter | Soup & Sandwich Platter | Soup & Sandwich Platter | Soup & Sandwich Platter | Sandwich Platter |
| Carrot Soup V Cheddar Cheese Soft Roll Served with Side Salad & Grated Carrots | Lentil Soup V Tuna Mayonnaise Sandwich served with Side Salad & Cucumber Sticks | Melon Wedge Hot Mini Meatball Sub served with Side Salad & Pepper Sticks | Chicken Noodle Soup Ham Sandwich Served with Side Salad & Vegetable Sticks | Tomato Soup V Thinly Sliced Chicken Sandwich served with Side Salad & Pizza Finger |
| Dessert | Dessert | Dessert | Dessert | Dessert |
| Fresh Fruit of the Day or Raisins served with Chocolate Yoghurt Cake | Fresh Fruit of the Day served with a Shortbread Biscuit and Milk | Fresh Fruit of the Day or Raisins served with Cheese & Biscuits | Mandarins in Juice served with Vanilla Ice Cream or Fresh fruit of the day with Vanilla Ice Cream | Fresh Fruit of the Day served with a Cheese & Biscuits |

V = Vegetarian

Menus may be subject to change without notice due to unforeseen circumstances.



Aberdeenshire Primary School Menus – From April 2023



Week 2 – 24th April, 15th May, 5th June, 26th June, 28th Aug, 18th Sept, 9th Oct 2023

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|--|---|
| Lentil Soup V | Vegetable Soup V | Melon Wedge | Watermelon Wedge | Minestrone Soup V |
| Main Course | Main Course | Main Course | Main Course | Main Course |
| Homemade Chicken Pie Broccoli Florets Sliced Carrots Mashed Potatoes | Homemade Margherita Pizza V Side Salad Vegetable Sticks Garlic Bread | Breaded Haddock Garden Peas Baked Beans Chips | Steak Mince with a Yorkshire Pudding Sliced Carrots Broccoli Florets Mashed Potatoes | Beef Burger in a Bun Served with optional Tomato Ketchup Sweetcorn Grated Carrots |
| Stir Fried Vegetable Rice V Side Salad Broccoli Florets | Mild Beef Chilli served in a Baked Potato Side Salad Vegetable Sticks | Seasonal Cold Platter V with Homemade Bread served with a Dip | Vegetable Fajita Pocket V Side Salad Broccoli Florets | Tomato Pesto Pasta V Sweetcorn Grated Carrots |
| Soup & Sandwich Platter | Soup & Sandwich Platter | Soup & Sandwich Platter | Soup & Sandwich Platter | Soup & Sandwich Platter |
| Lentil Soup V Thinly Sliced Ham Sandwich served with Side Salad & Pineapple | Vegetable Soup V Egg Mayonnaise Sandwich served with Side Salad & Vegetable Sticks | Melon Wedge Cheddar Cheese in a Soft Roll V served with Side Salad & Grated Carrots | Melon Wedge V Tuna Mayonnaise Sandwich served with Side Salad & Pepper Sticks | Minestrone Soup V Sliced Chicken Sandwich served with Side Salad & Grated Carrot |
| Dessert | Dessert | Dessert | Dessert | Dessert |
| Fresh Fruit Platter Or Raisins served with Cheese & Biscuits | Fresh Fruit of the Day served with Oatie Biscuit and Milk | Custard served with Pears in Juice or Cheese Oatie Biscuit | Fresh Fruit of the Day or Chocolate Brownie served with Custard | Fresh Fruit of the Day with a Butterscotch Cookie and Milk |

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Aberdeenshire Primary School Menus – From April 2023

Week 3 – 1st May, 22nd May, 12th June, 3rd July, 4th Sept, 25th Sept 2023

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|--|--|
| Carrot & Coriander Soup V | Watermelon Wedge | Melon Wedge | Lentil Soup V | Tomato Soup V |
| Main Course | Main Course | Main Course | Main Course | Main Course |
| Homemade Margherita Pizza V served with Garden Peas Carrot & Pepper Sticks Penne Pasta | Fish Fingers served with Baked Beans Sliced Beetroot Chips | Homemade Steak Pie Garden Peas Broccoli Florets Mashed Potatoes | Homemade Turkey Meatballs served in Tomato Sauce Broccoli Florets Sweetcorn Penne Pasta | Hot Dog in a Bun with optional Tomato Ketchup Side Salad Sweetcorn Potato Smiles |
| Chicken Curry with Long Grain Rice Garden Peas Carrot & Pepper Sticks | Macaroni Cheese V Baked Beans Sliced Beetroot Chips | Vegetarian Sausages V Garden Peas Broccoli Florets Mashed Potatoes | Cheese Panini V Side Salad Sweetcorn | Baked Potato with Baked Beans & Cheese V Side Salad Sweetcorn |
| Soup & Sandwich Platter | Soup & Sandwich Platter | Soup & Sandwich Platter | Soup & Sandwich Platter | Soup & Sandwich Platter |
| Carrot & Coriander Soup V Egg Mayonnaise Sandwich served with Side Salad Carrot & Pepper Sticks | Melon Wedge Cheddar Cheese Sandwich served with Side Salad & Beetroot | Melon Wedge Thinly Sliced Ham in a Soft Roll served with Side Salad Cucumber Sticks | Lentil Soup V Tuna Mayonnaise Sandwich served with Side Salad Margherita Pizza Finger | Tomato Soup Thinly Sliced Chicken Sandwich served with Side Salad Sweetcorn |
| Dessert | Dessert | Dessert | Dessert | Dessert |
| Fresh Fruit of the Day or Raisins served with a Cheese Oatie Biscuit | Apple Cake served with Custard or Cheese & Biscuits | Sliced Peaches with Vanilla Ice Cream | Fresh Fruit Salad served with Optional Natural Yoghurt | Fresh Fruit of the Day served with a Chocolate Cookie & Milk |

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